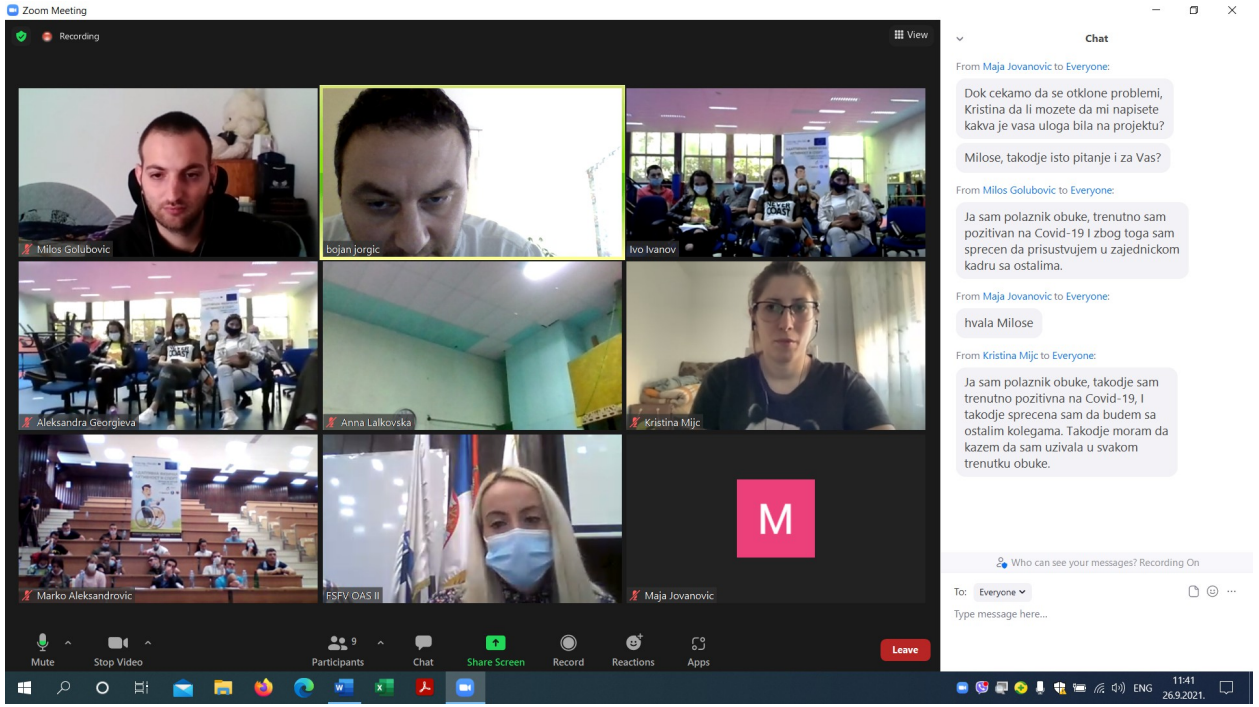


26.9.2021. second day Screen shot from 8. BG-RS workshop in Niš – swimming – exchange of good practices

Participants from Niš with Covid 19



Participants from Niš



## Participants from Pernik



## Presentation from PP2

Основне поставке Халивик методе обуке пливања особа са pptx - PowerPoint

File Home Insert Design Transitions Animations Slide Show Review View Recording Help Tell me what you want to do

Paragraph Drawing Editing

### *Halliwick method*

- It represents a psycho-sensory motor learning process
- It is effective in the case of individuals who need active motor learning or
- Repeated instruction in a “slower” medium which limits mechanical influence.

Through the Halliwick motor learning program, individuals with physical disability:

- First learn how to keep their balance in water in a stable floating position on their back
- Then they learn how to move around in water, that is, to swim

Slide 6 of 30 Serbian (Latin, Serbia) Notes Comments 68%

## Presentation from PP2

The screenshot shows a Zoom meeting window with a PowerPoint presentation titled "MODIFICATION OF SWIMMING TECHNIQUES FOR PERSONS WITH DISABILITIES.pptx". The meeting participants are visible in a grid on the left, including Milos Golubovic, bojan jorgic, Ivo Ivanov, Aleksandra Georgieva, Anna Lalkovska, Kristina Mijc, Marko Aleksandrovic, EŠPV\_DAS II, and Maja Jovanovic. The main slide displays the title "Modification of swimming techniques in persons with lower limb amputation" and lists three modifications:

1. increase the force of the arm stroke on the side of the amputated leg;
2. flex the head laterally towards the amputated leg;
3. the non-amputated leg should perform strokes closer to the midline of the body.

Two YouTube links are provided below the list:

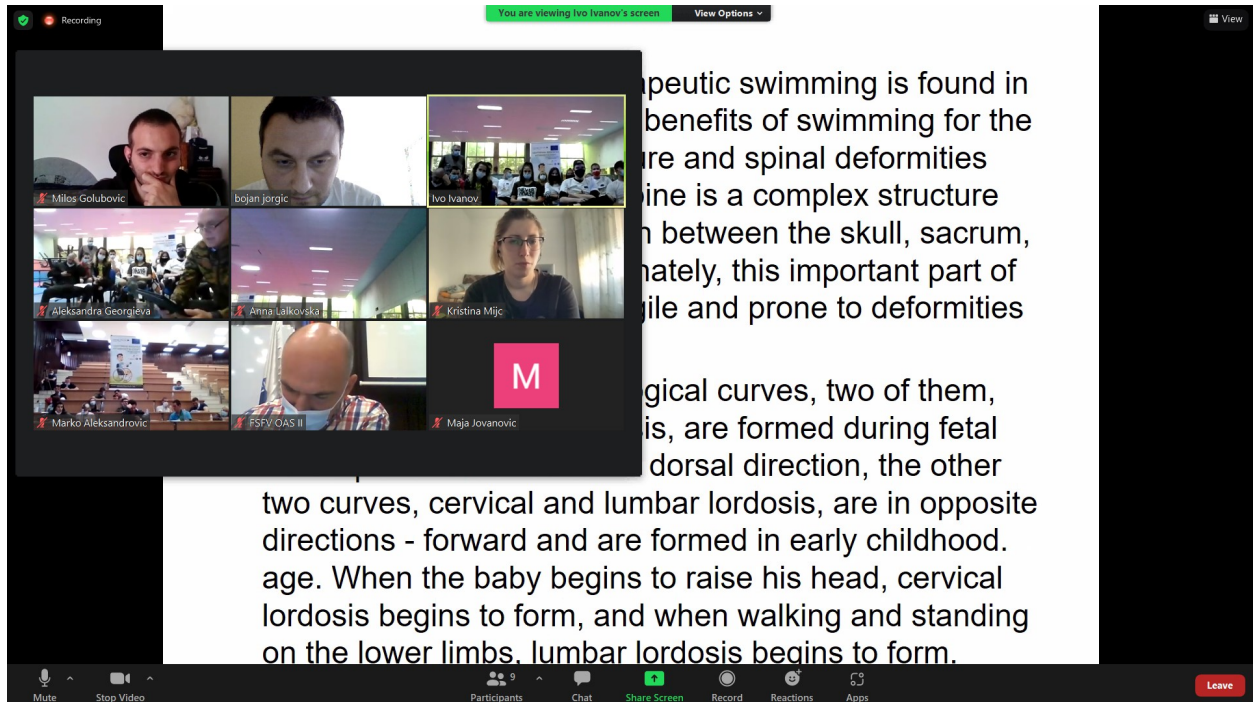
- <https://www.youtube.com/watch?v=JjYU480KL4I&list=PL3809940732DB71F5&index=2>
- <https://www.youtube.com/watch?v=yOzie015T3Q&list=PL3809940732DB71F5&index=5>

The status bar at the bottom indicates "Slide 4 of 18" and "Serbian (Latin, Serbia)".

## Participants from Pernik



## Presentation from PP3



The image shows a Zoom meeting interface. At the top, there is a status bar with "Recording" on the left and "You are viewing Ivo Ivanov's screen" with "View Options" on the right. The main area is a grid of video thumbnails. The thumbnails show various participants: Milos Golubovic, bojan jergic, Ivo Ivanov, Aleksandra Georgieva, Anna Lalkovska, Kristina Mijc, Marko Aleksandrovic, FSPV OAS II, and Maja Jovanovic. One thumbnail shows a presentation slide with text about therapeutic swimming and spinal deformities. The bottom of the screen shows the Zoom control bar with icons for Mute, Stop Video, Participants, Chat, Share Screen, Record, Reactions, Apps, and a red Leave button.

therapeutic swimming is found in the benefits of swimming for the spine and spinal deformities. The spine is a complex structure between the skull, sacrum, and pelvis. Unfortunately, this important part of the spine is prone to deformities.

Physiological curves, two of them, are formed during fetal development in the dorsal direction, the other two curves, cervical and lumbar lordosis, are in opposite directions - forward and are formed in early childhood. When the baby begins to raise his head, cervical lordosis begins to form, and when walking and standing on the lower limbs, lumbar lordosis begins to form.

## Participants from Pernik



Participants from Niš



Presentation from PP3

